



Alexian Brothers Behavioral Health Hospital



SCOFF Eating Disorders Questionnaire*

- Do you make yourself sick because you feel uncomfortably full?
- Do you worry that you have lost control over how much you eat?
- Have you recently lost more than 14 lbs. in a 3 month period?
- Do you believe yourself to be fat when others say you are too thin?
- Would you say that food dominates your life?

Additional Questions & Signs of Eating Disorders

- Have you gained a lot of weight (not due to a medical condition)?
- Do you eat large amounts of food in short periods of time when emotional?
- Body weight < 85% Ideal Body Weight?
- Amenorrhea for 3 consecutive months?
- Any bingeing and purging?
- Use of laxatives, diuretics, or diet pills?
- Abnormal vital signs (heart rate < 35-40 beats/min)?
- Rapid and severe weight loss unresponsive to outpatient treatment?
- Teeth decay or xerostomia?

If your patient has endorsed any of the above, please call (800) 432-5005 for a **FREE Eating Disorder Assessment**, or go to www.abbhh.org/ED for more information.