



**Alexian Brothers Neurosciences Institute
Clinical Research Department**

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**Alexian Brothers
Neurosciences Institute**

CLINICAL RESEARCH

**UNDERSTANDING
CLINICAL RESEARCH
TRIALS**



**ALEXIAN
BROTHERS**

HOSPITAL NETWORK

A Healthy Community Begins with Alexian Brothers.

The Alexian Brothers Neurosciences Institute has an active and established program for clinical research trials under the direction of Concetta Forchetti, M.D., Ph.D., Medical Director and Principal Investigator. Dr. Forchetti is a highly respected researcher with over 20 years of clinical research experience. She has authored many articles in the area of neurology and has been interviewed by television, radio and newspapers.

The Alexian Brothers Neurosciences Institute Clinical Research Department offers a wide range of clinical trials that point the way to new treatments for conditions including, but not limited to:

- Multiple Sclerosis
- Alzheimer’s Disease
- Parkinson’s Disease
- Mild Cognitive Impairment
- Restless Leg Syndrome
- Traumatic Brain Injury
- Migraine Headaches
- Stroke
- Insomnia
- Epilepsy

The emphasis at the Institute is on multidisciplinary teams that offer patients and their families the superior outcomes and convenience that integrated care promises. These teams take into account every opportunity for healing and optimizing quality of life. Multifaceted treatment programs address patients’ family, career and stage of life requirements while helping them manage their disorders and return to a productive and independent life.

ALEXIAN BROTHERS HOSPITAL NETWORK

Located in the northwest suburbs of Chicago, Alexian Brothers Hospital Network includes four hospitals and conveniently located outpatient facilities serving more than two million people in our growing community.



Alexian Brothers Medical Center
Elk Grove Village, IL



St. Alexius Medical Center
Hoffman Estates, IL



Alexian Rehabilitation Hospital
Elk Grove Village, IL



Alexian Brothers Behavioral Health Hospital
Hoffman Estates, IL

For more than seven hundred years, the Alexian Brothers have cared for the sick, the aged, the poor and the dying. The basic Judeo-Christian beliefs that inspired the founders of this Catholic religious congregation sustain its ministry today. This heritage is espoused by the governance, management and entire health care team throughout Alexian Brothers Health System in their mutual commitment to promote the physical, mental, spiritual and social well-being of all individuals served through the health care ministry.

Alexian Brothers Hospital Network carries out the healing mission of the Catholic Church through the Alexian Brothers ministries by identifying and developing effective responses to the health and housing needs of those we are called to serve.



AlexianConnects
PHYSICIAN APPOINTMENT SERVICE

1-866-ALEXIAN
(1-866-253-9426)

www.AlexianBrothersHealth.org

ABOUT CLINICAL TRIALS

What is a clinical trial?

A clinical research study, also called a clinical trial, tests the safety, effectiveness, and side effects of an investigational medicine(s) or an investigational device on a group of human volunteers. Each trial follows a pre-defined plan, or protocol, which describes what types of patients may enter the study, schedules of tests and procedures, drugs, dosages, and length of study, as well as outcomes that are measured. When carefully conducted, clinical trials are the safest and fastest way to find new and improved treatments that may treat the condition being studied.

Why participate in a clinical trial?

Participants in clinical trials can play a more active role in their own healthcare, gain access to new research treatments before they are widely available, and help others by contributing to medical research. Additionally, since investigators are often specialists in the disease being studied, participants also receive expert medical care for the specific condition.

Who can participate in a clinical trial?

Since people respond differently to medicines and other treatments, it is important to include all kinds of people in a clinical research study.

All clinical trials have guidelines about who can participate. Using inclusion/exclusion criteria is an important principle of medical research that helps to produce reliable results. These criteria are based on such factors as age, gender, the type and stage of

a disease, previous and current treatment history, and other medical conditions. A participant must qualify for the study before being consented for a clinical trial.

What is the cost?

There is no cost for study-related physician visits or medications.

What are the possible benefits and risks of participating in a clinical trial?

Benefits:

- Gain access to new research treatments before they are widely available
- Help others by contributing to medical research
- Possible compensation for participation
- Patients have access at no cost to expert monitoring and medical care for trial-related conditions, as well as for some underlying conditions that might be detected

Risks:

- The treatment may not be effective for the participant
- There may be unpleasant, serious or even life-threatening side effects to experimental treatment
- Participation in the trial may be demanding and time consuming

How is the safety of the participant protected?

The ethical and legal codes that govern medical practice also apply to clinical trials. In addition, most clinical research is federally regulated with built-in safeguards to protect the participants.



Concetta Forchetti, M.D., Ph.D.

Ask these key questions before participating in a clinical trial:

1. What is the purpose of the study?
2. Why do researchers believe the experimental treatment being tested may be effective? Has it been tested before?
3. What kinds of tests and experimental treatments are involved?
4. How do the possible risks, side effects, and benefits in the study compare with my current treatment?
5. How long is the study going to last and what will I be asked to do as a participant?
6. Will I receive any follow-up care after the study has ended?

RESOURCES

Government ClinicalTrials.gov

1-800-411-1222

www.clinicaltrials.gov

Food and Drug Administration

1-888-INFO-FDA

www.fda.gov

U.S. Dept. of Health & Human Services

1-877-696-6775

www.os.dhhs.gov

Disease Specific Alzheimer's Association

1-800-272-3900

www.alz.org

National Multiple Sclerosis Society

1-800-344-4867

www.nmss.org

Parkinson's Disease Foundation

1-800-457-6673

www.pdf.org

For more information

The Clinical Research Department at the Alexian Brothers Neurosciences Institute is currently enrolling participants for new clinical trials. For a current list of studies, please call, visit our website or email us:

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Web: www.AlexianBrothersNeuroResearch.org

email: ClinicalResearchNSI@alexian.net