



Alexian Brothers Behavioral Health Hospital

Professional's Wellness Program

The **Professional's Wellness Program** is a safe, therapeutic environment that helps to stabilize and motivate individuals who are dealing with addiction, anxiety, depression, or other psychiatric issues. We provide intensive treatment and education about how these issues effect the whole person: mind, body, and spirit. This program is appropriate for individuals who work in high accountability, high responsibility, and/or safety-sensitive positions. Such individuals might include doctors, lawyers, pilots, nurses, flight attendants, clergy, business executives, and members of law enforcement, public safety, and more.



We Specialize In:

- Treatment for alcohol and drug addictions
- Psychological Disorders including Depression, Anxiety, Bipolar, and PTSD
- Treatment for Compulsive Behaviors (Process Addictions) including gambling, spending, binge eating, sex and/or internet addiction
- Pain Management
- Medical Detox



Program Highlights:

- Comprehensive Professionals Evaluation
- Gender-specific treatment groups
- Aftercare and Caduceus groups offered
- Focus on professional and safety-sensitive issues (risk management, fitness for duty, and long-term monitoring)
- Collaboration with Human Resource Departments and Employee Assistance Programs
- Incorporate requirements of state peer assistance programs and/or licensure boards
- Individualized care, including family education and therapy, couple's counseling, and support groups for those most impacted by their loved one's problem



What Sets Us Apart:

- Our program is led by an expert **Psychiatrist** and **Addictionologist** with over 20 yrs. experience
- We offer **Evidenced-Based Care** which shapes the intensity and duration of the individual's treatment
- We treat **all addiction and psychological disorders**
- We **coordinate all level of care needs** - from intervention through residential
- We **partner with national programs** to provide return-to-home aftercare services

ACCESS & REFERRALS: We are committed to prompt attention. Please call us at 800-432-5005.



ALEXIAN
BROTHERS

HOSPITAL NETWORK

A Healthy Community Begins with Alexian Brothers.

www.abbhh.org

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