

GRIEF SUPPORT

ALEXIAN BROTHERS HEALTH CARE SYSTEM



Individual:

Short Term individual counseling is available through **Alexian Brothers Hospice**. **Interfaith Pastoral Support Services** of the Alexian Brothers Healthcare system provides longer term individual counseling.



Group:

Interfaith Pastoral Support Services offers various groups support programs throughout the year. **Alexian Brothers Hospice** provides drop in support groups twice a month, please click [Companions Through Grief](#) link for the schedule.



Workshops:

Alexian Brothers Hospice, the **Interfaith Pastoral Support Services** and the **Alexian Brothers Resource Center** all provide various workshops throughout the year.



Telephone:

Alexian Brothers Hospice Bereavement Department offers supportive telephone calls to our hospice families.



World Wide Web:

There are many excellent grief support sites on line, below are a few:

[HFA Grief Resource Page](#) (link)

<http://www.griefshare.org/>

<http://griefsupport.com/>

<http://www.centerforloss.com/>

<http://www.grief-recovery.com/>

Call 1-630-233-5100 for more information

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